**Patient Name:** FOLEY (DOA 1-12-22) CASE 2, TIMOTHY

**Date of Birth:** 12/26/1962

**Date of Service:** 01/24/2022

**History of Present Illness:**  
This is a 60 year-old right hand dominant male who was involved in a fall accident on 01/12/22 . Patient states that he slipped and fell on ice outside on sidewalk in front of Sunoco Gas Station. Patient injured Right Knee in the accident. The patient is here today for orthopedic evaluation.

The patient complains of right knee pain that is 9/10, with 10 being the worst, which is constant and shooting in nature. The right knee pain is associated with numbness when laying. Right knee pain increases with walking, sitting for long period of time.

**Past Medical History:**  
High blood pressure, arthritis.

**Past Surgical History:**  
Right wrist surgery (6 surgeries), C6-7 fusion, low back surgery.

**Past Accident/Injuries:**

**Daily Medications:**  
Percocet, amitriptyline.

**Allergies:**  
No known drug allergies

**Social History:**  
Smoker, half a pack per day. Patient is not working.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 6 feet tall, weighs \_\_\_ pounds   
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Knee:**  
Examination of the knee revealed tenderness on palpation at patella region, Pes anserine bursa. Positive tenderness at patellofemoral and lateral joint line. Palpable lateral/medial McMurray's. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion Flexion 100 degrees(150 degrees normal ) Extension -10 degrees(0 degrees normal ).

**Diagnostic Imaging:**

**Assessment and Plan:**  
Diagnosis: Medial meniscus tear, patellofemoral post traumatic injury.   
   
Plan: Request given for RKMRI and PT.

The patient’s Right Knee was examined   
The patient at the present time is advised to begin PT and undergo MRI.  
Patient is to return to the office in 6 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**